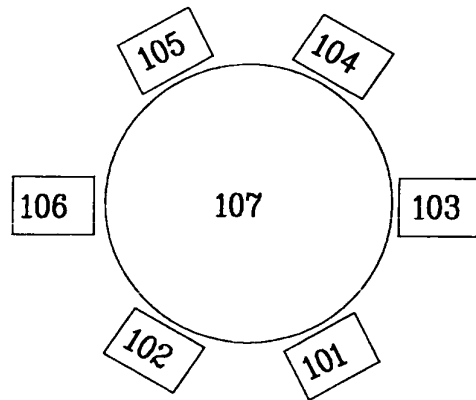


**FIG. 1**  
**Prior art**



**FIG. 2**  
**Prior art**

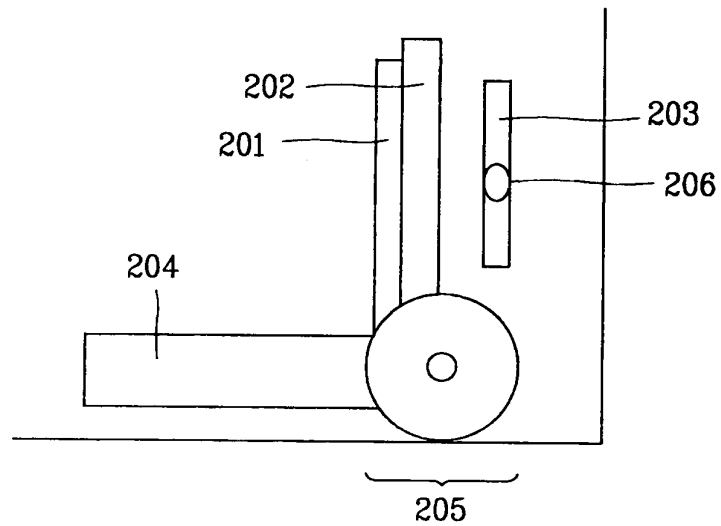


Figure 1 is a schematic representation of the experimental design. It shows a sequence of five steps: 1. Pre-test (N=10), 2. Training (N=10), 3. Test (N=10), 4. Post-test (N=10), and 5. Follow-up (N=10). Each step is represented by a box containing a number and a description. Arrows indicate the flow from Pre-test to Training, Training to Test, Test to Post-test, and Post-test to Follow-up. A feedback loop arrow points from the Post-test box back to the Training box.



FIG. 4  
Prior art

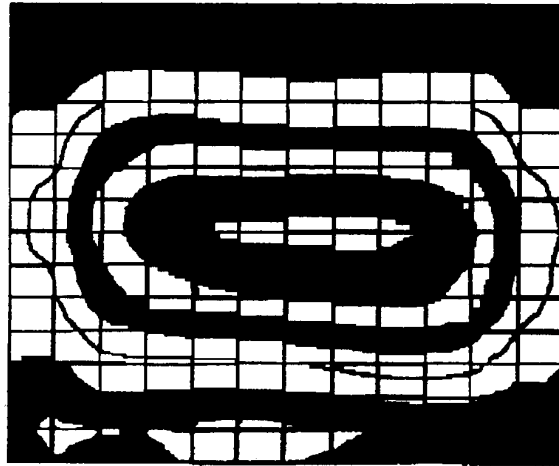


FIG. 5

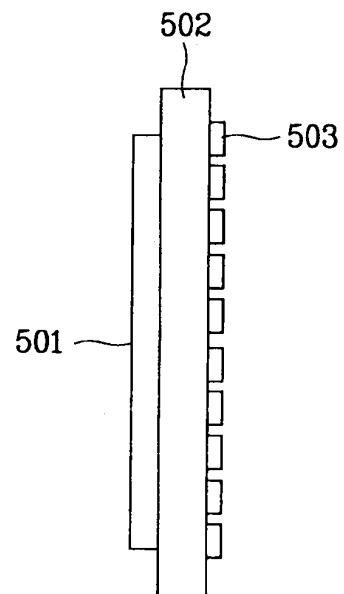


FIG. 6

